



SWACHHATA HI SEVA-2024

Visakhapatnam Regional Centre

इग्नू
जन-जन का
विश्वविद्यालय



ఇగ్నో
ప్రజల
విశ్వ విద్యాలయం



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		Sub Location
2	0154P	AU Waltair
3	0183P	KGH Maharanipecta
4	84003P	Chinagadili
5	84019	Gajuwaka

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2. Distribution of Gloves and Sanitation Material to Safai Karmachari

Preparation of e-brochure on Cleanliness in Regional Language

Regional Centre has prepared a brochure on cleaning instruction in Regional Language for dissemination among the students and other stakeholders of IGNOU.



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विरचयते



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ఇందిరాగాంధీ జాతీయ సార్యత్రిక విశ్వవిద్యాలయం

విశాఖపట్టణం ప్రాంతీయ కేంద్రం

పరిశుభ్రమైన పరిసరాలకోసం కొన్ని సూచనలు

భారతదేశ ప్రజలమైన మనం, మనందరి కోసం ఒక స్వచ్ఛమైన, పరిశుభ్రమైన, ఆరోగ్యకరమైన భారతదేశాన్ని నిర్మించుకోవడానికి అన్ని వేళలా పాటుపడాలి. దానిలో భాగంగా మన నైనందిన జీవితంలో కొన్ని చిన్న చిన్న ప్రయత్నాల ద్వారా మన పరిసరాలను, ఇంటిని శుభ్రంగా ఉంచుకోవచ్చు. అటువంటి ప్రయత్నాలకోసం కింది సూచనలు పాటించండి.

- ❖ రోడ్లపై ఉమ్మి వేయకండి. బయట ఉమ్మి వేయడానికి ఉమ్మి తొట్టను ఉపయోగించండి
- ❖ చెత్త బయట పారవేయకండి. చెత్తను విభిన్న చెత్త బుట్టలలోనే వేయాలి
- ❖ ప్రతి ఇంటిలోనూ చెత్త బుట్టలు వాడాలి.
- ❖ తడి చెత్తకు, పొడి చెత్తకు విడివిడిగా బుట్టలు ఏర్పాటు చేసుకోవాలి
- ❖ ప్రతి ఇంటి ఆవరణలోనూ, లేదా విధులలోనూ మొక్కలు పెంచాలి.
- ❖ నైనందిన వ్యవహారాలలో ప్లాస్టిక్ అస్తులు వాడకూడదు. ఇతరులు ప్లాస్టిక్ వాడడాన్ని నివారించాలి.
- ❖ ఇంటిలోని పిల్లలకి పరిశుభ్రత విధానాలు నేర్పించాలి.
- ❖ తినేముందు తప్పని సరిగా చేతులు సబ్బుతో కడుక్కోవాలి.
- ❖ విధులలోకి మురుగునీరు రాకుండా జాగ్రత్త పడాలి
- ❖ మురుగునీరు పోవడానికి బిలుగా కాలువ వసతులు ఏర్పాటు చేసుకోవాలి.
- ❖ ప్రతి వారం తప్పనిసరిగా కాలువలు శుభ్రం చేసుకోవాలి.
- ❖ దోమలు పెరిగే విధంగా నీటి నిల్వలు ఉంచకూడదు
- ❖ దోమతెరలు వాడాలి.
- ❖ పిల్లలు వేసుకునే బట్టలు శుభ్రంగా ఉంచుకోవాలి
- ❖ బహిరంగ మల, మూత్ర విసర్జన చేయకూడదు
- ❖ పిల్లలకు పరిశుభ్రతపై ఇంటిలోనే అవగాహన కల్పించాలి.
- ❖ పరిశుభ్రతను పాటించే విషయంలో ప్రభుత్వ అధికారుల సూచనలను విభిన్నంగా పాటించండి.

స్వచ్ఛతయే సేవ - 2024



Swachhata Pledge Administration

Regional Centre has organized several Swachhata Pledge Administration programmes at Regional Centre as well as at Study Centres. At the Regional Centre the pledge was administered by the Regional Director and the Coordinators of various Study Centres as detailed below have administered the Pledge to the learners. Regional Director has also administered pledge to the Students of GVMC Primary School, MVP Colony, Visakhapatnam.

Pledge Administration at Regional Centre



Pledge Administration at 0183P- Govt. College of Nursing, Visakhapatnam



Pledge Administration at 84020-Visakha Govt. Degree College for Women



Pledge Administration at GVMC Primary School, Visakhapatnam



Competitions on Swachhata Hi Seva/SBA

The Regional Centre, Visakhapatnam has conducted Essay Writing competition on the topic : **“Swachhata : a Lifestyle for Sustainable Environment”** in the following institutions:

Sl. NO.	Name of the Institution	Date of Competition	Number of participants
01.	Institute of Advanced Studies in Education (IASE), Andhra University, Visakhapatnam	21.09.2024	75
02.	MVR Degree College, Gajuwaka, Visakhapatnam	19.09.2024	70
03.	Visakha Govt. Degree College for Women, Old Jail Road, Visakhapatnam	23.09.2024	85

There was a huge response from the students in all the three institutions and good number of students have participated in the competition. The papers were evaluated systematically by the experts and awarded first, second and third prizes in each college in each language i.e. Telugu & English. The respective college faculty, Study Centre Coordinator and the Regional Centre staff have monitored this activity and coordinated successfully. The winners will be given prizes and certificates on Swachha Bharat Diwas (02.10.2024) at Regional Centre, Visakhapatnam.

Essay Writing Competition at 0154P, IASE, Andhra University, Visakhapatnam



Essay Writing Competition at 84020, Visakha Govt. Degree College for Women, Visakhapatnam



Essay Writing Competition at 84019, MVR Degree College, Visakhapatnam



Drawing Competition for School Children

IGNOU Regional Centre Visakhapatnam has conducted Drawing competition on 20.09.2024 for school children on “Swachha Bharath” at GVMC Primary School, Visakhapatnam, under Swachhata Hi Seva 2024 activities. This competition was attended by 45 students from 4th and 5th standard students. Before starting of the competition, all the participants, teachers of the school and RC staff have taken the oath of swachhata pledge. Dr. Dharmarao Gonipati, Sr. Regional Director and Dr. E. Krishna Rao, Deputy Director, school headmaster, teachers and RC staff has participated in this programme. Dr. Dharmarao Gonipati, Sr. Regional Director has spoken about the importance of Swachhata and protecting the environment. He asserted that from the childhood onwards, the Swachhata should be included in all the teachings. He appreciated the student’s active participation in the competition.



Cleaning Programmes

1. Sea Beach Cleaning Programme by RC Staff and the learners of 0154P, IASE, Andhra University, Visakhapatnam:

The Regional Centre, Visakhapatnam has organized a Sea Beach Cleaning under Swachhata Hi Seva 2024 on 21.09.2024 at Ramakrishna Sea Beach, Visakhapatnam with the collaboration of IASE (LSC-0154P), Andhra University, Visakhapatnam. In the beginning, the Regional Centre Staff, LSC Staff and Students have taken a rally from Dr. BR Ambekar's Statue to YMCA Circle by showing the placards and slogans on the importance of Swachhata and maintenance of the environment. Later, the identified plot was cleaned by the participants. This activity was also covered in the popular telugu news dailies. Dr. Dharmarao Gonipati, Sr. RD, Dr. E. Krishna Rao, Deputy Director and the Principal of IASE, AU, Visakhapatnam Dr. Nagaraj Kumari and 50 students have participated in the event and made it a grand success.



P88J+V2W, RK Beach Rd, Kiriampudi Layout, Chinna Waltair, Pandurangapuram, Visakhapatnam, Andhra Pradesh 530017, India

Visakhapatnam
Andhra Pradesh
India

2024-09-21(Sat) 07:56(am)



29°C

84°F

Swachhata Hi Seva-2024



P88J+V2W, RK Beach Rd, Kirlampudi Layout, Chinna Waltair, Pandurangapuram, Visakhapatnam, Andhra Pradesh 530017, India

Visakhapatnam
Andhra Pradesh
India

29°C
84°F

2024-09-21(Sat) 07:53(am)



P89JH4F7 Doco Arena 4, Kite Beach Rd, Kirlampudi Layout, Chinna Waltair, Pedda Waltair, Visakhapatnam, Andhra Pradesh 530003, India

Visakhapatnam
Andhra Pradesh
India

27°C
81°F

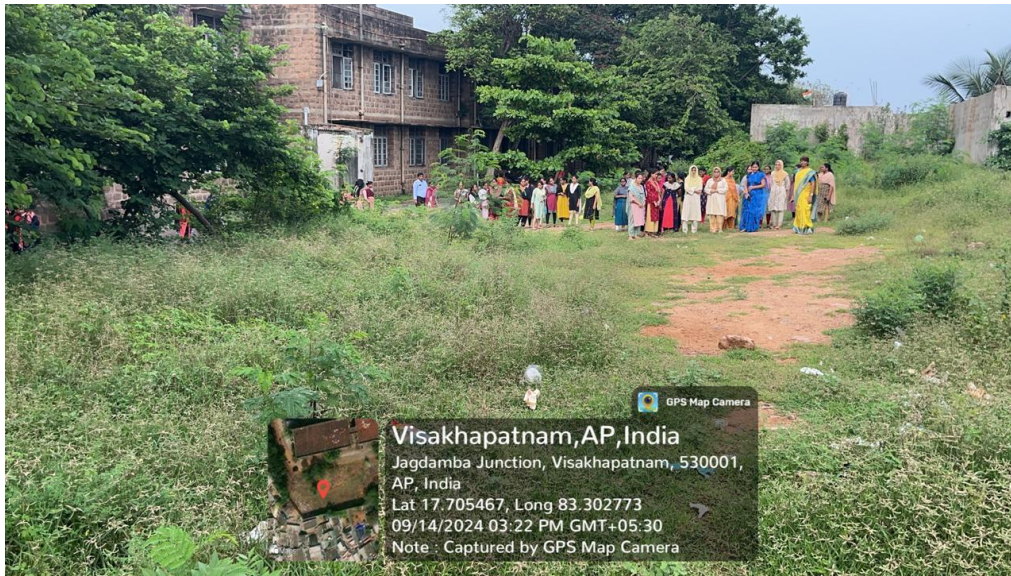
2024-09-21(Sat) 07:50(am)



Campus Cleaning Programme by the Learners of 0183P, Govt. College of Nursing, Visakhapatnam

A cleaning programme under swachhata Hi Seva-2024 has been conducted by the learners of 0183P-Govt. College of Nursing, Visakhapatnam under the leadership of the Principal and the Coordinator-Prof. M. Satyavalli. The students have identified a patch of land for the cleaning programme and it was cleaned by the learners and maintained properly.

Before the Cleaning



After the Cleaning



Seminar on Sanitation and Personal Hygiene

The Regional Centre, Visakhapatnam has organized a seminar on “*Sanitation & Personal Hygiene*” at the seminar hall of LSC-84020, Visakha Govt. Degree College for Women on 26.09.2024 at 11.00am under Swachhata Hi Seva Campaign- 2024. Dr. E. Krishna Rao, DD, IGNOU RC, Visakhapatnam has delivered the presidential address. In his address, the initiative taken by the IGNOU across the country



regarding Swachha Bharat Abhiyaan was highlighted in general and the activities performed by the RC, Visakhapatnam under Swachhata Hi Seva was highlighted. Dr. R. Manjula, Principal, Visakha Govt. Degree College for Women, Visakhapatnam has delivered special address. Smt. Sirisha Chevla, keynote speaker has taken wide session on Sanitation and Personal Hygiene with the help of Power Point Presentation. In her presentation,

personal hygiene such as perfect cleaning of hands, body hygiene, precautions before taking the food, correct method of bathing, water hygiene, menstrual hygiene and solid waste management was highlighted and demonstrated with examples. Dr. K. L. Sirisha, Coordinator, IGNOU Study Centre (84020), Visakha Govt. Degree College for Women, Visakhapatnam has expressed her gratitude to the IGNOU RC, Visakhapatnam authorities for organizing such an important and useful seminar in their college.

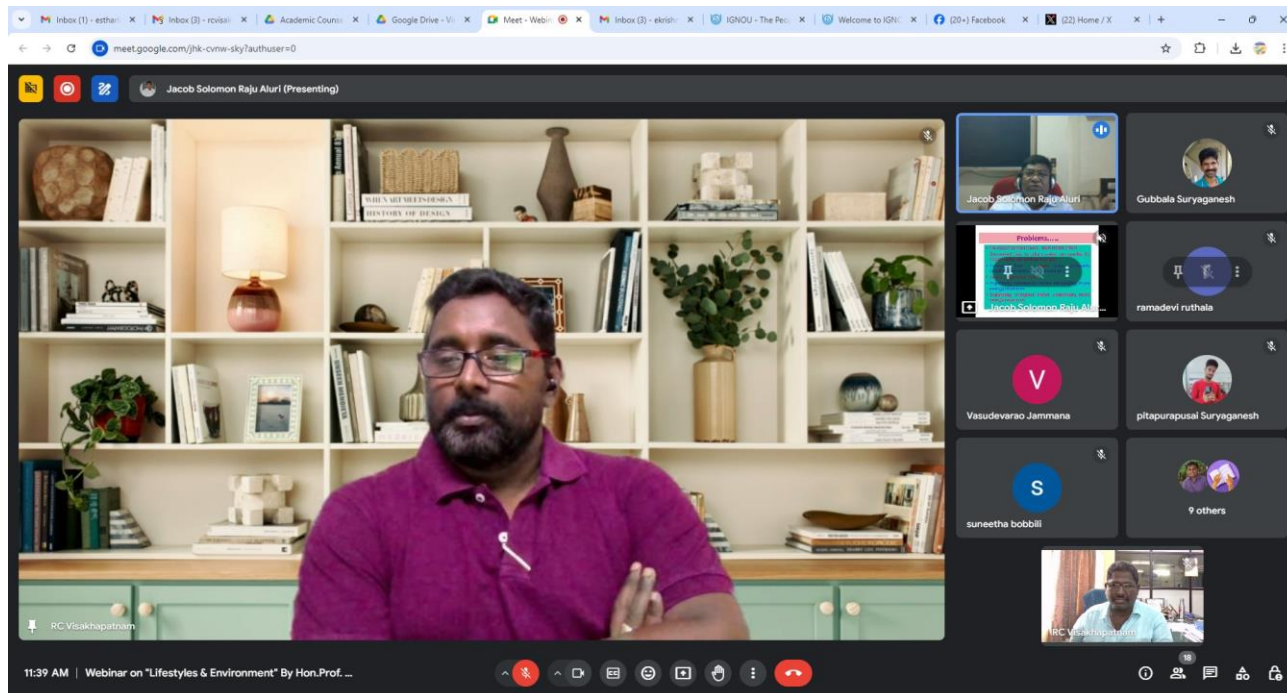


Webinar on Lifestyles and Environment

The IGNOU Regional Centre Visakhapatnam has organised a webinar on "**Lifestyles and Environment**" on 27.09.2024 at 11am through google meet under **Swachhata Hi Seva 2024** activities. In the welcome address Dr. E. Krishna Rao, DD, IGNOU RC, Visakhapatnam has mentioned the activities undertaken and organised by the IGNOU RC Visakhapatnam under SHS2024 and introduced speaker to the audience.

Dr. Dharmarao Gonipati, Senior Regional Director in his presidential address highlighted the initiatives taken by IGNOU under SHS2024 and the role of youth in protecting the environment by following certain principles. He also requested participants to actively participate in the swachhata awareness activities organised by IGNOU RC Visakhapatnam.

Hon.Prof. A.J. Solomon Raju, Andhra University, Visakhapatnam has taken a wide session on "**Lifestyles and Environment**" with PowerPoint presentation. The speaker has explained the evolution of human lifestyles from ancient to modern periods. He has highlighted that in the post-industrial revolution along with development pollution also increased which damaged the environment. Due to the huge use of plastic and its pollution cannot be ignored and it has an impact on marine, economy, tourism, mangroves and ecosystem. He suggested that all the citizens have to realise the importance of protecting the environment for leading a happy life and protect the environment.



The screenshot shows a Google Meet interface during a webinar. The main content area displays a slide with the following text:

LIFE STYLES - ENVIRONMENT

HON.PROF. ALURI JACOB SOLOMON RAJU
DEPARTMENT OF ENVIRONMENTAL SCIENCES
ANDHRA UNIVERSITY
VISAKHAPATNAM

The presenter's video feed is visible in the top right corner, showing a man in a light blue shirt and glasses. The bottom of the screen shows a grid of participant avatars, including RC Visakhapatnam, Narasingha Behera, Gubbala Suryaganesh, Jacob Solomon Raju Aluri, Vasudevarao Jammana, pitapurapusal Suryaga..., MANIKANTHA SIDDHA..., V. Venkata Pathi Rao Na..., and 9 others. The time is 11:14 AM.

The screenshot shows the same Google Meet interface, but the slide content has changed to:

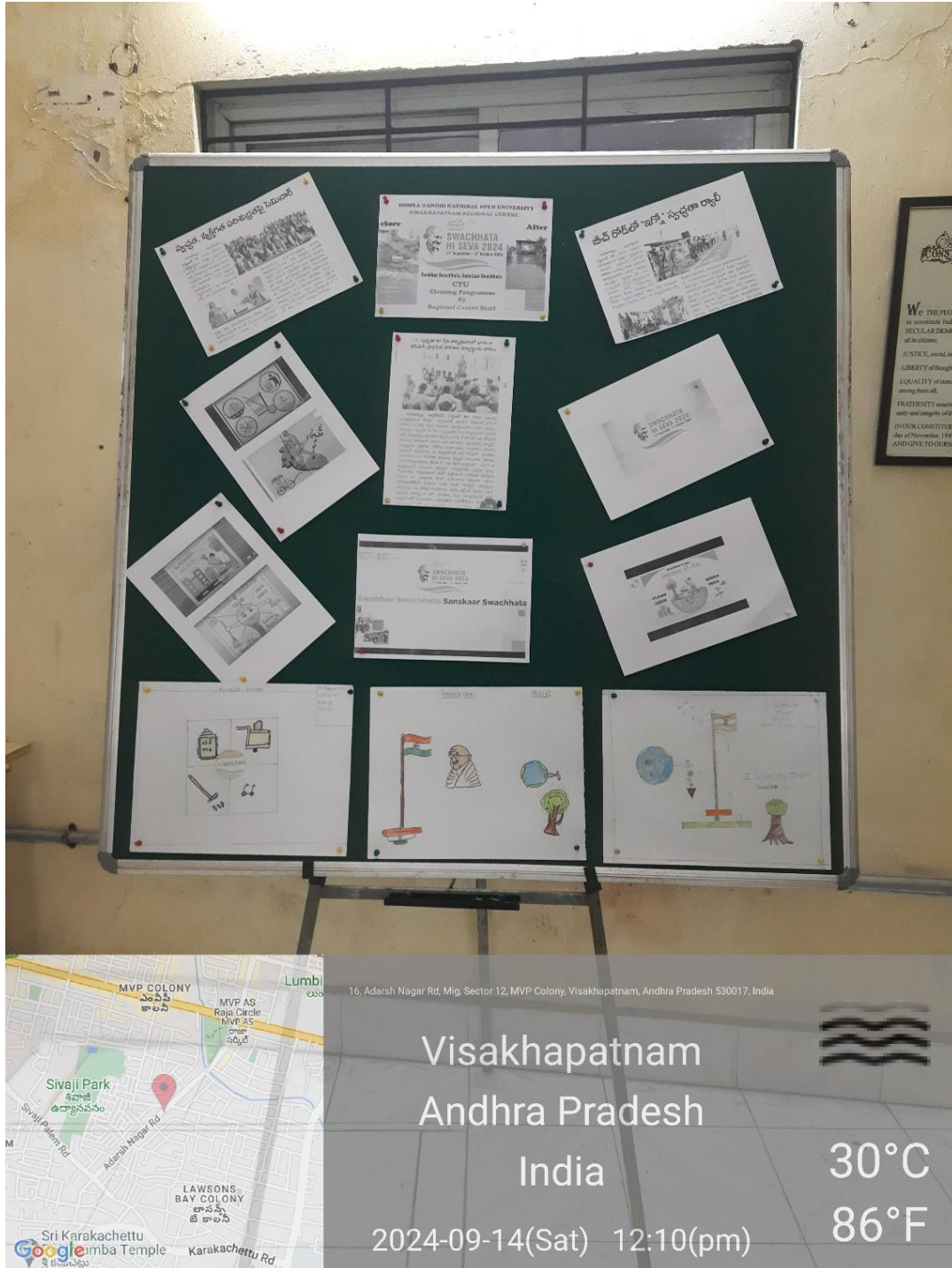
Living means consuming,
Consuming means resource
depletion and environmental
degradation

Living depends on life style

The presenter's video feed is now in the bottom right corner, showing the same man in a light blue shirt and glasses. The participant grid at the bottom is the same as in the previous screenshot, but the order of avatars has changed. The time is 11:15 AM.

Photo Exhibition on Swachhata Hi Seva-2024

A photo exhibition has been displayed in the RC premises for the visitors and students depicting the importance of Swachhata and Hygiene.

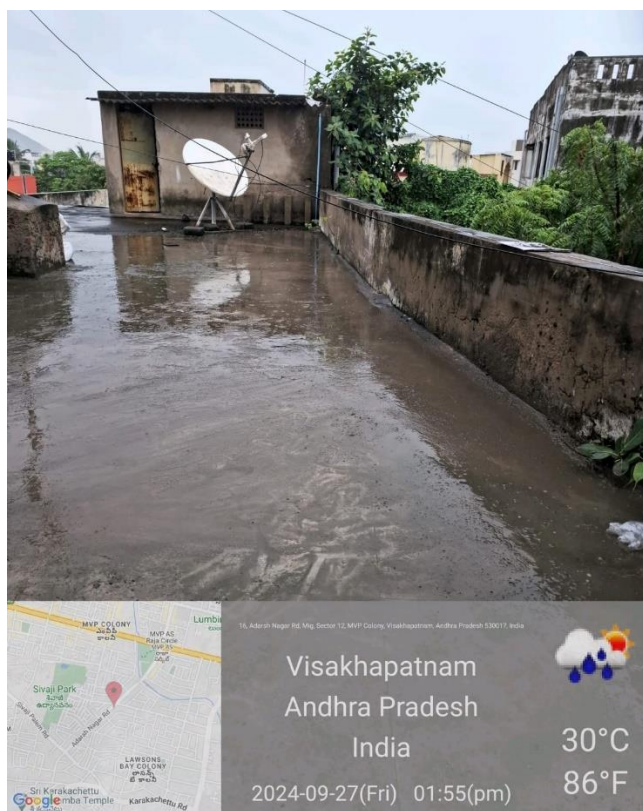


Sampoorna Swachhata including Swachhata Lakshit Ekayi

CTU Identification and Cleaning of CTU

The IGNOU Regional Centre Visakhapatnam staff has cleaned the identified 'Cleanliness Target Units' under Swachhata Hi Seva 2024 activity during 17th to 24th September 2024. The target area was VMRDA building terrace which was not cleaned for more years and accumulation of garbage and stains. The RC staff have cleaned all the stains, garbage and the moss in a week time which accounts 0.5 ton.

Before cleaning



After cleaning

Grama Sabha on Solid Waste Management

The IGNOU RC, Visakhapatnam has conducted Grama Sabha on Solid Waste Management on 28.09.2024 in the adopted village Ayyannapalem. The Grama Sabha was attended by Village Sarpanch, Secretary, RC Staff and 25 villagers. In the initial remarks, Dr. Dharmarao Gonipati, Sr. Regional Director and Dr. E. Krishna Rao, Deputy Director have enquired about the garbage collection and disposal in the village. Later, how the solid waste has to be managed under recycle was explained to the villagers. The villagers have mentioned that there is no systematic garbage disposal in their village. However, the Govt. recently started solid waste recycling unit at Biddireddipalem which is about 3 kms away from the village. The garbage collection from the village is irregular and the villagers required installation of big dustbins separately for dry waste and wet waste. The RC officials have requested the villae sarpanch and secretary to collect the garbage regularly and also the villagers were requested not to litter in the drainage lines and all the garbage should be properly placed in the dust bins only. Positive response has been received from the participants and a day workshop on the same topic with experts will be organized by the RC for the benefit of the villagers and effective recycling of the solid waste.



Swachhata Hi Seva-2024



SRI GAYATRI JYOTISHYALAYAM

R4WC+MM9, Ayyannapalem, Elluppi, Andhra Pradesh 531173, India

Ayyannapalem
Andhra Pradesh
India

2024-09-28(Sat) 10:23(am)

30°C
86°F



SRI GAYATRI JYOTISHYALAYAM

R4WC+MM9, Ayyannapalem, Elluppi, Andhra Pradesh 531173, India

Ayyannapalem
Andhra Pradesh
India

2024-09-28(Sat) 10:26(am)

30°C
86°F

Safaimitr Suraksha Sivr

- 1. Felicitation to Safai Karmachari in RC Locality***
- 2. Distribution of Gloves and Sanitation Material to Safai Karmachari***

Regional Centre has identified the Safai Karmachari around the Regional Centre and scheduled a meeting on 2nd October 2024 to felicitate them. Also RC has made arrangements for distribution of Sanitation items to them including sanitizers, Gloves as a token of gratitude towards their contribution to the maintaining of hygiene and cleanliness